





















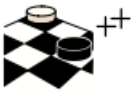












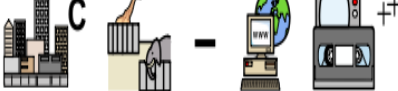


Activity	Link	More information
 Arts For Kids Hub	https://www.youtube.com/user/ArtforKidsHub	Family fun 'Arty' YouTube channel.
   Craft at home	https://www.thebestideasforkids.com/	Lots of fun craft ideas to try out at home with your family.
 Paint Sparkles Draw	https://apps.apple.com/gb/app/paint-sparkles-draw/id435539858 https://play.google.com/store/apps/details?id=com.tabtale.paintsparklesdraw&gl=GB	Free App. Draw lines and pictures which sparkle and make music. In app purchases.
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Activity	Link	More information
 Kids Musical Instruments	https://apps.apple.com/us/app/kids-musical-instruments/id1186647039	Free App. Let kids play and enjoy musical instruments like piano, xylophone, drums and shaky toys.


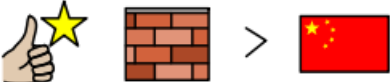

 <p>Kids Musical Instrument Sounds</p>	https://play.google.com/store/apps/details?id=com.kidstastic.kidsmusicinstruments&gl=GB	<p>Free App.</p> <p>Play the xylophone and tap along with the drum, electric guitar, grand piano, saxophone and tambourine.</p> <p>In app purchases.</p>
 <p>Baby Musical Instruments</p>	https://play.google.com/store/apps/details?id=com.appguiz.baby.musical	<p>Free App.</p> <p>Play the piano, xylophone and drums in different animated scenes with exciting performances by cute animals.</p> <p>In app purchases.</p>
 <p>Drum Kit</p>	https://apps.apple.com/gb/app/drum-kit/id306474530	<p>Free App.</p> <p>Good cause and effect drum kit.</p> <p>In app purchases.</p>
   <p>Sing with Myleene Klass</p>	https://www.youtube.com/channel/UCQh2wgJ5tOrixYBn6jFXsXQ	<p>Music lessons with Myleene Klass.</p>
<div data-bbox="687 1171 904 1355" style="text-align: center;">  <p>Science</p> </div>		
Activity	Link	More information
   <p>Fun Science Activities</p>	https://www.bbc.co.uk/cbeebies/curations/science-activities	<p>Discover fun science experiments and watch clips with CBeebies friends, helping children to learn science through play.</p>
   <p>NASA for kids</p>	https://www.nasa.gov/kidscub/index.html	<p>Try out the games, check out the latest news about the satellite launches, look at photos from space and watch interviews of astronauts.</p>

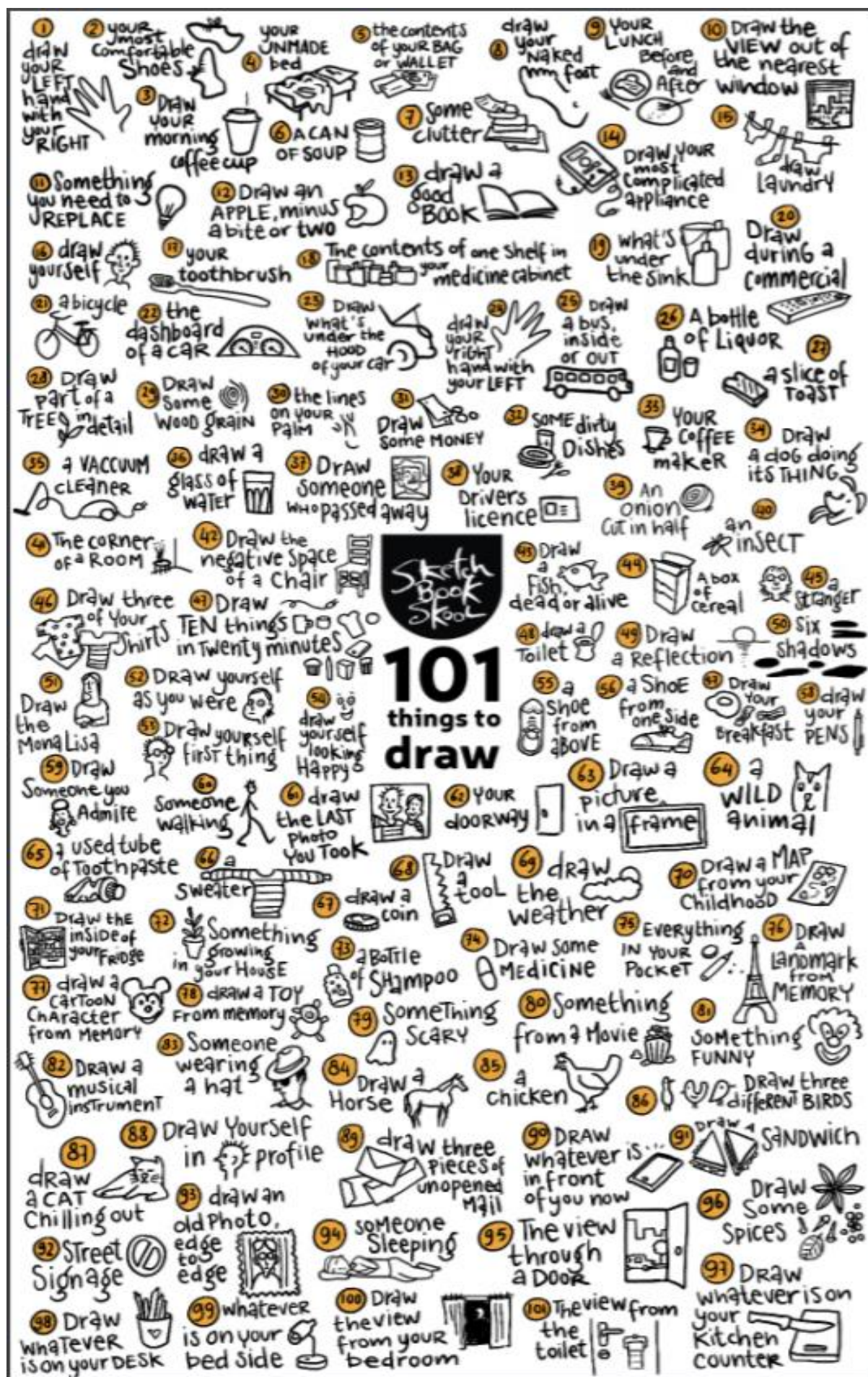
 Learning  Science  at  home	https://wecanaccess.com/teaching-special-needs-kids-at-home-science-and-waking-up/	<p>Great ideas to make conversations and things to look at while you and your child are getting ready for the day.</p>
<div data-bbox="687 465 904 649" data-label="Image"> </div>		
Activity	Link	More information
 <p>Fireworks</p>	https://apps.apple.com/gb/app/fireworks-arcade/id435664934 https://play.google.com/store/apps/details?id=com.bigduckgames.fireworksarcade&gl=GB	<p>Free App. Coloured fireworks and sound effects appear when screen touched.</p>
 <p>Fluidity</p>	https://apps.apple.com/us/app/fluidity-hd/id399403909	<p>Free App. Interactive light and music sparkly fluid flow.</p>
 <p>Education Minecraft</p>	https://education.minecraft.net/	<p>Explore the world of Minecraft with educational videos and games.</p>
	https://blockly.games/maze?lang=en&level=2&skin=0	<p>Can you do some simple programming to move the person around the maze.</p>

 Scratch  programming	https://scratch.mit.edu/	Create Stories, games and animations.
 Bee-Bots  games	https://www.terrapinlogo.com/emu/bee-bot.html https://apps.apple.com/gb/app/bee-bot/id500131639 https://play.google.com/store/apps/details?id=com.tts.beebot	Can you use some simple coding to programme the Bee-Bot.
<div style="border: 1px solid red; padding: 10px; text-align: center;">   Cross Curriculum Activities </div>		
Activity	Link	More information
 Purple Mash	https://2simple.com/purple-mash/	Lots of fun online games and activities to do. You can login and access your rowan class page.
 BBC Bitesize	https://www.bbc.co.uk/bitesize/primary	Explore lots of Art, Science, Music and Technology games and activities.
 Oak  National  Academy	https://www.thenational.academy/online-classroom/specialist/communication-and-language#subjects	Fun, engaging and motivational creative Art, Music and Dance sessions to support holistic development opportunities.



Activity	Link	More information
 <p>Edinburgh Zoo</p>	https://www.edinburghzoo.org.uk/webcams/panda-cam/	Explore Edinburgh Zoo and say hello to the Panda, Penguins, Lion, Tiger and Koala.
 <p>Dublin Zoo</p>	https://www.dublinzoo.ie/animals/	Head on over (virtually) to Ireland's capital city zoo and say hello to the Elephants, Penguins and Giraffes.
 <p>San Diego Zoo</p>	https://zoo.sandiegozoo.org/live-cams	Explore San Diego Zoo and visit the Safari Park and see what animals you can see from the comfort of your own home.
 <p>Chester Zoo - Virtual videos</p>	https://www.chesterzoo.org/virtual-zoo-2/	Join Chester Zoo for their whole day virtual zoo experience. You can re-watch previous episodes.
 <p>Africa Animals</p>	https://explore.org/livecams/african-wildlife/african-animal-lookout-camera	Go on your own virtual African Safari and see what animals you can spot.
 <p>Florida Aquarium - Virtual videos</p>	http://www.flaquarium.org/sea-span	Enjoy daily content from The Florida Aquarium.

 <p>Folly Farm</p>	https://www.folly-farm.co.uk/webcams/barn-webcam/	<p>See what animals are on the farm. You might see some Sheep, Lambs and Goats.</p>
 <p>Great Wall of China</p>	https://www.thechinaguide.com/destination/great-wall-of-china	<p>Go for a virtual walk along the Great Wall of China.</p>
 <p>Google Earth</p>	https://earth.google.com/web/	<p>Can you find where you live, where Rowan school is and search other countries and cities using Google Earth?</p>



100 Things to do indoors

www.spreadthehappiness.co.uk



1. Make non-cook playdough, then have a Dough Disco
2. Paint 'our families' portrait
3. Write and make a book
4. Draw flowers or the fruit bowl
5. Learn some laughter yoga www.roberttrivest.com
6. Finger paint
7. Make a band from kitchen pots and pans
8. Footprint paint
9. Have a dance alarm every 30 minutes
10. Have a karaoke
11. Send a video message to family and friends to get them busy
12. Have a birthday party for a pet or cuddly toy
13. Have an indoor picnic
14. Discover your favourite story and share it together
15. Order books alphabetically
16. Have an indoor treasure hunt
17. Dress up in adult shoes
18. Find a fairy door in your house or garden
19. Do the Hokey Cokey
20. Take a selfie through a toilet roll tube and pretend you are on the moon



21. Make cards for everyone at home
22. Get some sheets to flap and pretend they are the waves and jump in
23. Make cakes
24. Get material or cardboard and make mermaid or merman's tails
25. Get all the chairs together and make a bus, play conductors and drivers
26. Make a camp in your bed
27. Make a dark den and use a torch
28. Write a letter to a neighbour or friend
29. Colour in a colouring book or draw a picture
30. Make wool or string hair over a chair
31. Have a pamper day
32. Have a scrunched up paper fight (from recycling)
33. Make ice lollies with cordial and water
34. Make sandwiches in strange shapes
35. Make a pretend car from boxes/furniture
36. Learn a rhyme or poem
37. Make paper aeroplanes
38. Have a pirate adventure, make boats from boxes or furniture
39. Blow bubbles and catch them
40. Make a number frieze for the wall, decorate



41. Read Pirate George series available on Kindle
42. Make a papier mache sculpture over a balloon
43. Keep a balloon up in the air game
44. Play a board game
45. Play hide and seek
46. Play dominoes
47. Learn a card game
48. Make smoothies
49. Perform a puppet show
50. Make shadow puppets
51. Make finger/sock puppets
52. Choreograph a dance or learn a dance routine
53. Have an upside down meals day, lunch for breakfast etc.
54. Learn a sing-along for Spread the Happiness TV
55. Learn to cook something new
56. Learn Brilliant Beast Song on Spread the Happiness TV YouTube Channel
57. Leave happy notes all around the house
58. Make a fitness routine and put your family through their paces
59. Using vegetables, make characters
60. Dance and sing to Knees up Mother Brown



61. Play I spy
62. Open your windows and sing out a song
63. Learn Days of the Week Song
64. Play musical statues
65. Learn a Beatles song
66. Learn a Queen song
67. Make an indoor restaurant and serve your family
68. Have a toy's tea party
69. Roll balls down the stairs
70. Be superheroes with capes
71. Eat cereal with a gigantic spoon
72. Have an ice cream party
73. Enter an online competition to win a prize
74. Vacuum your home
75. Polish your home
76. Fold up sheets
77. Use a sheet as a parachute to fluff up and hide under and play parachute games
78. Make binoculars with toilet rolls and look out the window at the birds
79. Make yoghurt pot telephones
80. Make a junk model rocket as large as you can



81. Create a comedy show
82. Pretend to conduct an orchestra to music
83. Hike up your stairs like it is a mountain, so so high
84. Roll around a large space in your home
85. Hop around like a bunny
86. Learn to play sleeping bunnies
87. Learn and act out 5 Little Monkeys
88. Find as many collections of 10 things in your home as you can
89. Dance in the shower
90. Sing in the shower
91. Squirt shaving foam in your hands
92. Make a scrap book of your favourite things, people
93. Play Jack in the Box in a large cardboard box
94. Have a themed party
95. Stay up late to look at the stars with a night time picnic
96. Play apple bobbing
97. Jump on the bed
98. Bash a pinata
99. Do coin rubbing with paper and crayons
100. Play pass the parcel



www.spreadthehappiness.co.uk



Click



on



the



playdough



picture



(below)



to



see



step



by



step



instructions



and



a



video



to



show



you



how



to



make

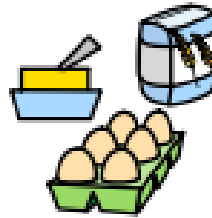


playdough.





Making Playdough

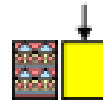


Ingredients

8



8 tbsp



plain



flour

2



2 tbsp



table



salt

60



60 ml



warm water



Few



drops



food colouring



1 tbsp

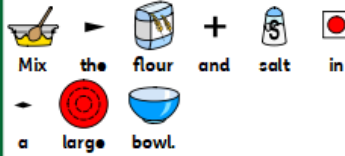


vegetable oil



Instructions

1



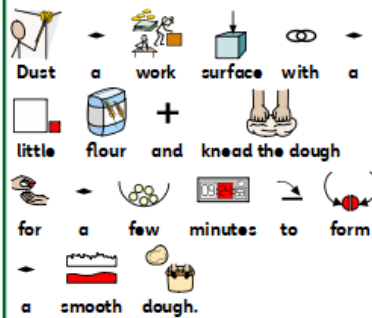
2



3



4



5

