

### Leaves Planning for Home Learning - Summer

Below are a list of key skills to focus on with your child while they are not attending school. From the list of suggested ideas, choose which activities you think will suit the needs of your child the best. They do not need to be done at specific times of the day but just as opportunities arise.

Area	Key Skills	Suggested Activities
Independence	Use equipment appropriately & know where it goes.	<p>Kitchen</p> <ul style="list-style-type: none"> <li>• Encourage your child to help with preparing for meal times – can they get out what you need?</li> <li>• Can your child pour everybody a drink from a jug or the tap?</li> <li>• Encourage your child to help to tidy away the cutlery into the correct drawers</li> <li>• Can your child help to unload the shopping? Start with the foods or snacks that they particularly like and see if they can also help to put away food for the rest of the family. They could help to wash fruit and vegetables too.</li> </ul> <p>Play times</p> <ul style="list-style-type: none"> <li>• Prompt your child to tidy away their toys, particularly before something more motivating (e.g. iPad / snack)</li> <li>• Model the way you want your child to play with their toys and get involved with their games</li> </ul> <p>Laundry</p> <ul style="list-style-type: none"> <li>• Pair and roll the socks</li> <li>• Put away their own clothes in the correct places</li> <li>• Show them how to sort the clothes by owner so they can go to the correct place in the house</li> </ul>
Social & Communication	Abides by rules of organised games	<ul style="list-style-type: none"> <li>• Play ‘I spy’ with your child. Start off with items that are easy and obvious and make it more difficult over time. When it is your turn to guess, you can model getting it wrong and persevering even when it is tricky.</li> <li>• Play ‘Simon Says’ and take it in turns to be the leader.</li> </ul>

		<ul style="list-style-type: none"> <li>• Play an opposites game –take it in turns to give instructions and the other person has to do the opposite (eg stand up/sit down, clap fast/ clap slow etc)</li> <li>• Play a copying game involving movement. Take it in turns to be the leader and show different ways of moving (on tiptoes, hopping, crawling, fast, slow, sideways) and everybody else has to copy.</li> </ul>
Self- Help	Reflect on experiences and think about the future	<ul style="list-style-type: none"> <li>• Encourage your child to talk about their day and what went well and what didn't go so well</li> <li>• When your child is happy, ask them what is making them happy or if they're not sure, you could make a suggestion, eg 'I think you're feeling happy because you love listening to music'</li> <li>• When your child is not happy, encourage them to choose an appropriate regulating strategy then when they are calm talk to them about what helped them. Encourage them to think about the future and things they could do to calm down if they same trigger happens again. You could draw some pictures to help with this.</li> </ul>
Cognition	Literacy – story-telling	<ul style="list-style-type: none"> <li>• See if your child can read you their favourite story</li> </ul>

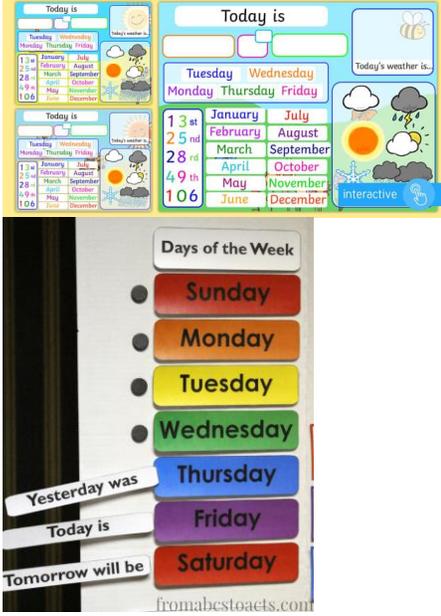
- Play your child one of the traditional tales (you could try this [channel on YouTube](#) for some song versions o) and then draw a story map with them. This is where you draw a simple picture to remember each event in the story. Here is an example for Little Red Riding Hood:



See if your child can use the story map as a prompt to retell the story to you. Can they use the language of traditional tales too?

- [Visit this website](#) and explore the activities around traditional tales: your child can listen to the story and a song about the story and there are also lots of ideas to try
- See if your child can rewrite their favourite story, perhaps changing one or two details such as the main character or setting. Encourage them to read their writing to different people at home.
- Encourage your child to engage in role play. Props or costume will help your child to imagine they are someone else. You could role play simple everyday activities like going to the shop to buy

		<p>something (customer &amp; shopkeeper) or catching the bus (bus driver &amp; passenger) and encourage your child to engage in appropriate dialogue.</p>
Cognition	Maths – measure	<ul style="list-style-type: none"><li>• Encourage your child to tell the time. <a href="#">This website has a useful interactive clock</a>, which can show both analogue and digital times. Start with o'clock and then move on to half past, quarter past and two then multiples of 5 minutes and finally 1 minute.</li><li>• There are lots of time games online, including <a href="#">this one</a>.</li><li>• You could do a daily activity where you say the day, date and month:</li></ul>

		 <p>Talk about yesterday, today and tomorrow with your child.</p> <ul style="list-style-type: none"> <li>• Start to measure lengths of items at home using a ruler or tape measure and compare the lengths of different items</li> <li>• Start to measure the weight of items at home using kitchen scales or bathroom scales. Encourage them to estimate which out of two items will be heavier and then test it by measuring.</li> </ul>
Physical development	Gross motor skills: Dance & Movement	<ul style="list-style-type: none"> <li>• Encourage your child to move, dance in whatever way they feel comfortable. Let your child wear their favourite dancing clothes or shoes, use scarves or pom poms to dance with or even a Tupperware or bottle with rice in and listen to how it rattles as you move.</li> <li>• <a href="#">Let's move Summer holidays</a> Some dance suggestions from Justin Fletcher</li> <li>• Put on your child's/your favourite band and dance together.</li> </ul>

		<ul style="list-style-type: none"><li>● Practice some action songs like ‘head shoulders knees and toes’, get them to copy your movements, you may need help them move their body parts.</li><li>● <u>Gonoodle</u> is a great website with lots of links to different movement activities and dances <a href="https://family.gonoodle.com/">https://family.gonoodle.com/</a></li><li>● Try some 10 Minute Shake up activities <a href="https://www.nhs.uk/10-minute-shake-up/shake-ups">https://www.nhs.uk/10-minute-shake-up/shake-ups</a></li><li>● Dance ‘n Beat Lab channel <a href="#">Dance 'n Beats Lab</a></li><li>● <a href="#">Change4Life: Dance</a> Try these 10 minute dance activities inspired by Disney characters and songs.</li></ul>
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